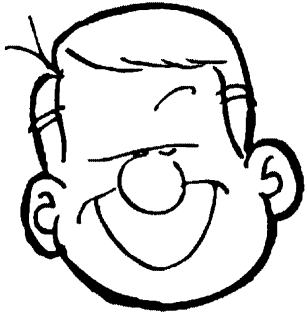


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Cartoon Behaviors



Situation-You thought of a possible solution for how to remember your locker combination.

Feeling: _____

Thought: _____



Situation-Someone was making noises and the teacher blamed you.

Feeling: _____

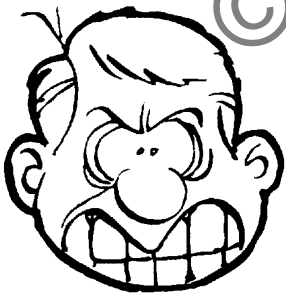
Thought: _____



Situation-You were chosen as student of the month.

Feeling: _____

Thought: _____



Situation-Someone just called you "Fattie."

Feeling: _____

Thought: _____



Situation-You were chosen for the lead role in the school play.

Feeling: _____

Thought: _____



Situation-Everyone else is finished, but you're still not sure where to begin.

Feeling: _____

Thought: _____

Laughing at Anger

Objective

Students will:

- ✓ learn creative solutions to problems which could be stressful or lead to anger

Material Needed

“Situations” Handout

Procedures

1. Tell students to think of an old porcelain bathtub. If necessary, show them a picture of one.
2. In groups, have students create as many ideas for its use as possible. Be sure to tell them not to rule out any ideas, regardless of how silly or impossible an idea may sound.
3. Share the ideas as a whole class and have the students discuss. Which ideas were funniest and why.
4. Give students the hand out of situations and in a group have them generate as many ideas as possible for solving the situation. Be sure to tell them to be creative and not rule out what may seem silly. Also be sure to tell them that solutions where people or property are damaged will not be accepted.
5. Let students discuss ideas and vote on most humorous solution for each situation.
6. Define consequence as being that which could happen as a result of another action. Discuss the consequences of using the most humorous solutions, as well as other solutions.
7. Talk with students about humor and using it as a choice.

It's Amazing "Questions"

The correct answers to the questions listed below are located at the end of the question in parentheses.

Conflict Conclusion

1. Conflict always spells negativity. T or (F)
2. Everyone views conflict in a positive way at some point. T or (F)
3. With conflict resolution comes the opportunity for personal _____. (growth)
4. Conflicts allow individuals to come to agreements which may perhaps improve their situations in life. (T) or F
5. Conflict is an inevitable part of life. (T) or F

Getting the Big Picture

1. _____ is what one sees from a given perspective. (Point of view)
2. People have different perspectives because they only know their own thoughts and feelings, not the other persons who is involved. (T) or F
3. Our bodies tell our emotions, even when our voices don't. (T) or F
4. Point of view can change. (T) or F
5. Each participant brings a point of view and emotions to mediation. (T) or F

Team Building

1. What is teamwork?
 - a. Digging a ditch by yourself
 - (b.) Working as a team to achieve a common goal
 - c. All the work a team has to do
2. Depending on others means
 - a. Trusting others to do their job
 - (b.) Needing others to reach a goal
 - c. Waiting for others
3. Which of the following would require team work?
 - (a.) Building a house
 - (b.) Flying to the moon
 - c. Breathing
4. Tell of a time when you depended on others. (Accept all reasonable answers.)
5. Tell of a time when someone depended on you. (Accept all reasonable answers.)